



TECHNICAL UNIVERISTRY OF MOMBASA

Faculty of Applied & Health Sciences

DEPARTMENT OF ENVIRONMENTAL & HEALTH SCIENCES

DIPLOMA IN COMMUNITY HEALTH & MANAGEMENT (DCHM 14M)

APH 2101: PRIMARY HEALTH CARE

END OF SEMESTER EXAMINATION

SERIES: DECEMBER 2014

TIME: 2 HOURS

Instructions to Candidates:

You should have the following for this examination

- *Answer Booklet*

This paper consists of **FIVE** questions. Attempt question **ONE (Compulsory)** and any other **TWO** questions
Maximum marks for each part of a question are as shown

This paper consists of **TWO** printed pages

Question One (Compulsory)

- a) Outline FIVE elements of primary health care according to WHO (5 marks)
- b) Identify any FOUR players in the implementation of primary health care. (4 marks)
- c) Explain any TWO roles of the government in the implementation of primary health care (4 marks)
- d) Lifestyle diseases today are one of the greatest concerns in primary health care, list FIVE lifestyle diseases with a preventive measure for each (5 marks)
- e) State FOUR focuses of Millennium Development Goals (4 marks)
- f) State FOUR social economic effects of Malaria to the community. (4 marks)
- g) Explain why Polio Immunization has been a focus in Kenya (4 marks)

Question Two

- a) Malaria is one of the preventable diseases yet it is known to have a high mortality rate. Describe the preventive and control measures of malaria described under the following:
 - (i) Chemoprophylaxis (2 marks)
 - (ii) Intermittent preventive treatment (IPT) (2 marks)
 - (iii) Vector control (2 marks)
 - (iv) Health education (2 marks)
- b) Malaria in children may cause Malnutrition. Discuss (7 marks)

Question Three

Cultural practices may interfere with health interventions in a community:

- a) Discuss the effect of culture on health and illnesses (10 marks)
- b) As a community health worker, how would you address the effects of cultural practices on health, citing examples (5 marks)

Question Four

Describe challenges facing implementation of primary health care in Kenya. (15 marks)

Question Five

- a) List any FIVE immunisable diseases in Kenya as per the Kenya Expanded Programme of Immunization, indicating the vaccine given, age when administered and disease it prevents. (10 marks)
- b) Identify health messages given to mothers concerning the BCG vaccine administered to their children. (5 marks)