



Technical University of Mombasa

Faculty of Business & Social Studies

DEPARTMENT OF LIBERAL STUDIES & COMMUNITY DEVELOPMENT

UNIVERSITY EXAMINATION FOR DEGREE OF
BACHELOR OF DEVELOPMENTAL STUDIES
(BSDS)

BDS 4106 : SOCIAL WORK THEORIES AND PRACTICE

SPECIAL/SUPPLEMENTARY EXAMINATIONS

SERIES: OCTOBER 2014

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

- Answer Question **ONE (COMPULSORY)** and any other **TWO** questions
 - This paper consists of **2 printed** pages
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QUESTION 1 (COMPULSORY)

(a) Define the following terms:

- | | |
|------------------------------|-----------|
| (i) Case work | (2 marks) |
| (ii) Self-help group | (2 marks) |
| (iii) Transactional analysis | (2 marks) |
| (iv) Traumatic event | (2 marks) |
| (v) Group tension | (2 marks) |

(b) List any **FIVE** theories of counseling. (5 marks)

(c) Explain the difference between direct and indirect intervention. (4 marks)

(d) List **FIVE** factors in the art of building a relationship for a social worker. (5 marks)

(e) (i) Define social groups and give an example. (2 marks)

(ii) List **FOUR** types of social groups (4 marks)

QUESTION 2

Discuss the counseling process using examples clearly showing how you can apply it in social work. **(20 marks)**

QUESTION 3

- (a)** Explain **FIVE** skills needed by a social worker. **(10 marks)**
- (b)** Explain **FIVE** types of therapies giving examples. **(10 marks)**

QUESTION 4

Identify a specific problem and using the **SEVEN** steps of problem solving, discuss how you can help clients in a community as a social worker. **(20 marks)**

QUESTION 5

- (a)** Discuss the stages of group development using examples. **(15 marks)**
- (b)** Explain the importance of working with groups in the community. **(5 marks)**