



Technical University of Mombasa

Faculty of Business & Social Studies

DEPARTMENT OF LIBERAL STUDIES & COMMUNITY DEVELOPMENT

**DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELING
(DCDC JAN. 2012)**

BCD 2211: THERAPEUTIC THEORIES OF COUNSELING SPECIAL/SUPPLEMENTARY EXAMINATIONS

SERIES: JUNE 2013

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

-Answer Question **ONE** and any other **TWO** Questions
This paper consists of **2** printed pages

QUESTION ONE (COMPULSORY)

- (a) Describe the following aspects of personality:-
 - (i) ID (2 marks)
 - (ii) EGO (2 marks)
 - (iii) SUPER EGO (2 marks)
- (b) Briefly explain the source of maladaptive behavior in psychoanalysis. (12 marks)
- (c) Analyze factors that contribute to acceptance of a scientific theory. (12 marks)

QUESTION TWO

- (a) Name **FIVE** categories of behavioral counseling citing relevant examples. (10 marks)
- (b) Briefly explain the core concerns of behavioral therapy. (10 marks)

QUESTION THREE

Explain how the following personal attitudes of the therapist form a central part of therapeutic relationship in person-centred therapy:-

- (i) Congruence and genuineness (7 marks)
- (ii) Accurate empathic understanding. (6 marks)
- (iii) Unconditional Positive Regard (UPR) (7 marks)

QUESTION FOUR

Describe the roles of the following in psychoanalytic counseling:

- (i) the counselor (10 marks)
- (ii) the client/counselee (10 marks)

QUESTION FIVE

What are the limitations of the following counseling theories?

- (i) Psychoanalytic theories. (10 marks)
- (ii) Humanistic theories. (10 marks)