



Technical University of Mombasa

Faculty of Business & Social Studies

DEPARTMENT OF LIBERAL STUDIES & COMMUNITY DEVELOPMENT

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELING
(DCDC 10 OCT)

BCD 2305: COUNSELING PROCESS AND PRACTICE SPECIAL/SUPPLEMENTARY EXAMINATIONS

SERIES: JUNE 2013

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

-Answer **ALL** Questions in section **A**

-Answer any other **TWO** Questions in section **B**
This paper consists of **2** printed pages

SECTION A (COMPULSORY) 30 MARKS

QUESTION ONE

- a) Distinguish between Drug addiction and Drug dependence. **(4 marks)**
- b) Explain how a counselor can show Unconditional Positive Regard (U.P.R.) when dealing with clients. **(6 marks)**
- c) Outline **THREE** socio political causes of unemployment in Kenya. **(6 marks)**
- d) What is Primary Counseling? Explain **TWO** skills that a counselor should use in the exploration stage during counseling. **(6 marks)**
- e) By use of an appropriate example, explain the advantages of individual counseling over group counseling. **(4 mark)**
- f) Outline **FOUR** social factors that can lead to rape. **(4 marks)**

SECTION B (40 MARKS)

(Answer any **TWO** questions from this section)

QUESTION TWO

Studies show that battered women in rural areas generally underutilize therapeutic services.

- a) Suggest **FOUR** reasons why the above scenario prevalent. **(8 marks)**
- b) Explain **FOUR** measures that the government and NGOs have put in place to mitigate for victims of domestic violence. **(12 marks)**

QUESTION THREE

- a) You are working in the local health centre as a counselor and you are invited to give a presentation on natural family planning to newly married couples. Describe at least **FIVE** natural family planning methods and give the advantages and limitations of the methods. **(14 marks)**
- b) Explain **THREE** therapeutic goals that a counselor using behavioral techniques in the above issue may place to achieve. **(6 marks)**

QUESTION FOUR

- a) Explain **FIVE** stages that a terminally ill client is likely to go through. **(10 marks)**
- b) State **FIVE** social implications of retirement on the individual. **(10 marks)**

QUESTION FIVE

- a) Career development starts early in life through school and continues until one enters the world of work. Explain **FIVE** strategies that people use/employ to prepare for their dream jobs. **(10 marks)**
- b) Discuss the vulnerabilities and dangers faced by orphans and suggest ways that a community counselor can address these risks. **(10 marks)**

