



Technical University of Mombasa

Faculty of Business & Social Studies

DEPARTMENT OF LIBERAL STUDIES & COMMUNITY DEVELOPMENT

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELING
(DCDC M 11)

BCD 2109 : HUMAN GROWTH AND DEVELOPMENT

SUPPLEMENTARY/SPECIAL EXAMINATIONS
SERIES: OCTOBER, 2013
TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

-Section **A** is **COMPULSORY**.

- Answer any **TWO** questions in section **B**
- This paper consists of 2 **printed** pages

SECTION A : COMPULSORY (30 marks)

QUESTION ONE

- a) Benard is seventeen years and usually suffers from stress. As a counselor, help him on how he can cope with stress. **(8 marks)**
- b) By giving examples, explain any three ego-defence mechanisms **(6 marks)**
- c) Describe the view of personality development according to Sigmund Freud **(10 marks)**
- d) Describe how Jean Piaget's Theory can be applied in counseling **(6 marks)**

SECTION B: Attempt any TWO questions from this section

QUESTION TWO

- a) Define classical conditioning and explain its key concepts **(10 marks)**
- b) Briefly explain any **FIVE** factors causing stress in adults **(10 marks)**

QUESTION THREE

With the help of a diagram, discuss Abraham Maslow's hierarchy of needs. **(20 marks)**

QUESTION FOUR

Discuss the stages in children's emotional development. **(20 marks)**

QUESTION FIVE

- a) Describe Erick Erickson's stages of psychosocial milestone of a person **(10 marks)**
- b) Briefly explain the characteristics of attachment according to John Bowlby's theory. **(10 marks)**