



TECHNICAL UNIVERSITY OF MOMBASA

Faculty of Business & Social Studies

DEPARTMENT OF LIBERAL STUDIES & COMMUNITY

DEVELOPMENT

KWALE CAMPUS

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELING
(DCDC SEPT 13)

BCD 2101 : INTRODUCTION TO GUIDANCE & COUNSELING

END OF SEMESTER EXAMINATIONS

SERIES: DECEMBER, 2013

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

-The paper consists of **TWO** sections **A** and **B**

-Section **A** is **COMPULSORY** and carries **30** marks.

-Answer **ANY TWO** questions from section **B**

This paper consists of **2** printed pages

SECTION A: (COMPULSORY) 30 MARKS

QUESTION ONE

- (a) Identify any **FIVE** ethical principles in counseling. **(5 marks)**
- (b) Briefly explain how one can incorporate culture in counseling practice **(5 mark)**
- (c) Identify any **FIVE** social issues / problems that may be addressed by a counselor especially when handling adolescents. **(5 marks)**
- (d) As a professional counselor, explain how you can help a stressed child. **(5 marks)**
- (e) Describe the behavior of someone planning to commit suicide. **(5 marks)**
- (f) Explain the basic communication skill according to Egan, 1994 **(5 marks)**

SECTION B : (Answer any TWO questions from this section) 40 marks

QUESTION TWO

As a counselor, discuss the counseling techniques one may employ to help the gay and lesbian client deal with lifestyle concerns. **(20 marks)**

QUESTION THREE

- (a) Explain the importance of counseling, especially in the present society. **(10 marks)**
- (b) As a counselor, it is important to plan for intervention strategies in the process of counseling. Identify the intervention techniques you may use in William Gassers reality therapy. **(10 marks)**

QUESTION FOUR

With illustrations, discuss any **FIVE** qualities of an effective counselor **(20 marks)**

QUESTION FIVE

- (a) Explain the functions of counseling goals. **(10 marks)**
- (b) Explain any **FIVE** guidelines that help in creating rapport in the counseling process. **(10 marks)**