



Technical University of Mombasa

Faculty of Business & Social Studies

**DEPARTMENT OF LIBERAL STUDIES & COMMUNITY
DEVELOPMENT**

CERTIFICATE IN COMMUNITY DEVELOPMENT AND COUNSELING

(LAMU CAMPUS)

BCD 1103 : INTRODUCTION TO COMMUNITY COUNSELING

SUPPLEMENTARY/SPECIAL EXAMINATIONS

SERIES: JULY 2014

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

-This paper consists of **TWO** sections

-Section **A** is **COMPULSORY**.

Answer any **TWO** questions in section **B**

-This paper consists of **3 printed** pages

SECTION A: COMPULSORY (30 marks)

QUESTION ONE

a) Define the following defense mechanisms in psychoanalysis:-

- (i) Identification
- (ii) Repression
- (iii) Displacement
- (iv) Reaction formation
- (v) Regression

(5 marks)

b) State **FIVE** points a counselor should consider in ethics of counseling.

(5 marks)

c) Define the following skills in counseling:-

- (i) Reflection
- (ii) Active listening
- (iii) Confrontation
- (iv) Challenging
- (v) Silence

(5 marks)

d) State **FOUR** reasons why community counseling is important.

(4 marks)

e) Define the following forms of marriage

- (i) Polygamy
- (ii) Companionate

(2 marks)

(2 marks)

f) State **FIVE** advantages that result from empowerment in community counseling **(5 marks)**

g) Define effective community counseling

(2 marks)

SECTION B: Answer any TWO questions from this section. (40 marks)

QUESTION TWO

a) Discuss the considerations that should be borne in mind when setting up a counseling room

marks)

(10

b) Explain **FIVE** differences between group and individual counseling.

marks)

(10

QUESTION THREE

a) Explain the importance of the following in the self concept:-

- (i) Self esteem (2 marks)
- (ii) Ideal self (2 marks)
- (iii) Body Image (2 marks)
- (iv) Self Image (2 marks)

b) Define self awareness. (2 marks)

c) With the of a well labeled self - concept model, explain the role played by the different domains. (10 marks)

QUESTION FOUR

a) Explain **FOUR** techniques of counseling used by each of the following theories:-

- (i) Psychoanalytic Theory
- (ii) Client – centered Theory
- (iii) Behavioral Theory (12 marks)

b) Discuss **FOUR** child rearing styles (8 marks)

QUESTION FIVE

- a) State **FIVE** causes for the differences in sexual desires experienced by couples (5 marks)
- b) Briefly explain **THREE** sexual dysfunctions experienced by males and females. (6 marks)
- c) Define the **THREE** kinds of love. (9 marks)