



TECHNICAL UNIVERSITY OF MOMBASA

Faculty of Applied & Health Sciences

DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES

DIPLOMA IN COMMUNITY HEALTH
(DCH 12J /12S)

ACM 2306 COMPLIMENTARY MEDICINE

SPECIAL/SUPPLEMENTARY EXAMINATIONS

SERIES: JULY, 2014

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

-You should have the following for this paper

- Answer booklet

-This paper consists of **FIVE** questions.

-Answer question **ONE (COMPULSORY)** and any **TWO** questions.

This paper consists of **THREE PRINTED** pages

QUESTION 1 (COMPULSORY)

a) Define the following terms:

Pharmacognosy

(2 mark)

Allopathy

(2 marks)

Complimentary medicine

(2 marks)

b) Explain the term Homeopathic medicine. (4 marks)

c) Distinguish between alternative medicine and Holistic medicine. (4 marks)

d) Name **TWO** fat soluble vitamins and **TWO** water soluble vitamins. (4 marks)

e) State basic principles of homeopathy. (3 marks)

f) Describe massage therapy. (4 marks)

g) Explain Ayurveda as a Complementary and Alternative medicine (CAM) (3 marks)

h) Give **TWO** examples of Traditional Chinese Medicine (TCM) (2 marks)

QUESTION 2

a) Outline **SEVEN** limitations of conventional medicine. (7 marks)

b) Compare and contrast prayer healing and Allopathic Medicine. (8 marks)

QUESTION 3

Give dietary sources, physiological function and deficiency disorders for each of the following vitamin/mineral:

(i) Riboflavin (Vitamin B₂) (5 marks)

(ii) Calcium (5 marks)

(iii) Vitamin D (5 marks)

QUESTION 4

Describe the following forms of complementary and Alternative Medicine. (CAM)

(i) Biologically based practice. (5 marks)

(ii) Chiropractic. (5 marks)

(iii) Naturopathic Medicine (5 marks)

QUESTION 5

a) State **THREE** uses for each of the following homeopathic remedies.

(i) Belladonna

(3 marks)

(ii) Arnica

(3 marks)

(iii) NUX vomica

(3 marks)

b) Explain side effects and risks associated with use of homeopathic remedies.

(6 marks)