TECHNICAL UNIVERSITY OF MOMBASA

Faculty of Applied & Health Sciences

DEPARTMENT OF ENVIRONMENT AND HEALTH SCIENCES

DIPLOMA IN COMMUNITY HEALTH
(DCH 12M/12S)

ACM   2305
DRUG AND SUBSTANCE ABUSE

SPECIAL/SUPPLEMENTARY EXAMINATIONS
SERIES: JULY, 2014
TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

-Attempt question **ONE (COMPULSORY)** and any **TWO** questions
This paper consists of **TWO PRINTED** pages

QUESTION 1 (COMPULSORY)

a) (i)   Define the term "drug"   **(2 mark)**

(ii)   Distinguish between the terms "drug dependency" and "drug addiction"   **(2 marks)**

b) Briefly describe the **THREE** main types of drugs basing on their effect on the body. **(3 marks)**

c) (i)   Outline **FOUR** reasons for substance abuse amongst the youth.   **(4 marks)**

    (ii)   State **FOUR** symptoms of substance abuse amongst the youth   **(2 marks)**

d) Describe **FOUR** effect drugs have on the life of an individual.   **(4 marks)**

e) (i)   Evaluate **THREE** variables that enhance the relationship between a counselor
    and a drug abuser.   **(3 marks)**

    (ii)   State **TWO** counseling techniques used on drugs addicts.   **(2 marks)**

f) State **FOUR** reasons for injecting drugs by drug addicts.   **(4 marks)**

g) Briefly describe **FOUR** ways drug addicts can use to accept their condition so as to seek help.
    (4 marks)

QUESTION 2

a) Define the term "counseling" and outline **TWO** fundamental skills of a good counselor
    for drug addicts.   **(3 marks)**

b) Discuss the stages of a counseling process for drug addicts.   **(12 marks)**

QUESTION 3

a) Describe **TEN** characteristics of drug addicts.   **(10 marks)**

b) Elucidate **FIVE** principles of effective treatment of drug addicts.   **(10 marks)**

QUESTION 4

a) Briefly explain the importance of ethics in counseling drug addicts.   **(6 marks)**

b) Discuss the professional ethics used in counseling drug addicts.   **(9 marks)**

QUESTION 5

a) Explain the meaning of the term "self esteem" and outline **THREE** characteristics of drug
    abusers with low self esteem.   **(5 marks)**

b) Describe **TEN** things that drug addicts with low self-esteem need to do to improve their
    worth in the society.   **(10 marks)**