



TECHNICAL UNIVERSITY OF MOMBASA

Faculty of Business & Social Studies

DEPARTMENT OF LIBERAL STUDIES & COMMUNITY DEVELOPMENT

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELING
(DCDC SEPT 11)

BCD 2101: INTRODUCTION TO GUIDANCE AND COUNSELING

SEMESTER: END OF SEMESTER EXAMINATIONS

SERIES: APRIL/MAY 2014

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

-This paper consists of section **A** and **B**

-SECTION A : COMPULSORY

-SECTION B : Attempt any **TWO** questions

This paper consists of **3 printed** pages

SECTION A: COMPULSORY

QUESTION ONE

- (a) State **THREE** ways in which assessment of a client's problem can be done. **(3 marks)**
- (b) List **FIVE** techniques that were used in the African traditional set up of guidance. **(5 marks)**
- (c) Mention **FIVE** guidelines for effectively counseling across cultures. **(5 marks)**
- (d) State **FIVE** concepts emphasized in family counseling. **(5 marks)**
- (e) List **FOUR** parts a counselor should bear in mind when initiating interventions with a client. **(4 marks)**
- (f) Differentiate between transference and counter transference. **(4 marks)**
- (g) State why it is important for a counselor to allow a client to get used to the idea of termination. **(2 marks)**
- (h) Outline **TWO** points to bear in mind when one is counseling their peers. **(2 marks)**

SECTION B: Answer any TWO questions

QUESTION TWO

Outline **TEN** differences between guidance and counseling. **(20 marks)**

QUESTION THREE

- (a) Define the term ethics. **(2 marks)**
- (b) Explain **FOUR** reasons why counselors consider ethics as important to the profession **(8 marks)**
- (c) State **FOUR** disadvantages of individual counseling. **(4 marks)**
- (d) State **FOUR** disadvantages of group counseling. **(4 marks)**
- (e) State **TWO** important counseling skills to use in group counseling. **(2 marks)**

QUESTION FOUR

Alex has gone to see a counselor after a painful break up with his fiancée. The counselor and Alex are known to each other as they were in college together.

- (a) Name the unethical situation in this case **(1 mark)**
- (b) State **TWO** other unethical situations that may arise during the session above. **(2 marks)**
- (c) State **SEVEN** other forms of unethical practices in counseling. **(7 marks)**
- (d) Using the Johari's window, explain the significance of each pane. **(10 marks)**

QUESTION FIVE

- (a) Discuss the **FOUR** major services carried out in guidance **(12 marks)**
- (b) Explain the **FOUR** principles of counseling. **(8 marks)**