



TECHNICAL UNIVERSITY OF MOMBASA

Faculty of Applied & Health Sciences
DEPARTMENT OF ENVIRONMENT & HEALTH SCIENCES

CERTIFICATE IN COMMUNITY HEALTH MANAGEMENT
(CCHM 13S)

ACM 1103
MATERNAL & CLINICAL HEALTH & FAMILY PLANNING

SPECIAL/SUPPLEMENTARY EXAMINATIONS

SERIES: JULY, 2014

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

- Answer question **ONE COMPULSORY** and any other **TWO**.
This paper consists of **3 PRINTED** pages

QUESTION ONE (COMPULSORY)

- (a) Define the following terms:
- (i) Exclusive breastfeeding (1 mark)
 - (ii) Family planning (1 mark)
 - (iii) Ante-natal care (1 mark)
 - (iv) Immunization (1 mark)
 - (v) Puerperal (1 mark)
- (b) (i) State **THREE** ways of preventing cord infection. (3 marks)
- (ii) List **FIVE** complications/diseases that can cause maternal death. (5 marks)
- (iii) State **FOUR** factors that contribute to weight gain in pregnant mothers. (4 marks)
- (c) (i) State **THREE** factors that make BCG different from other vaccines. (3 marks)
- (ii) Outline **THREE** signs and symptoms of anemia in pregnant mother. (3 marks)
- (iii) State the vaccines used to prevent the following diseases. (4 marks)
- (I) Yellow fever
 - (II) Poliomyelitis
 - (III) Measles
 - (IV) Tuberculosis
 - (V) Diphtheria
 - (VI) Diarrhea
 - (VII) Pneumonia (7 marks)

QUESTION TWO

- (a) Explain the benefit of exclusive breastfeeding (5 marks)
- (b) Explain different preventive measures offered to pregnant mothers. (5 marks)
- (c) Explain the advantages of pills (5 marks)

QUESTION THREE

- (a) Describe factors contributing to maternal death (5 marks)
- (b) Explain the benefit of family planning. (5 marks)
- (c) Explain how anemia in pregnancy can be prevented. (5 marks)

QUESTION FOUR

- (a) Describe practices and beliefs that hinder pregnant mothers from seeking health assistance. (4 marks)
- (b) Explain the danger signs during pregnancy that will need medical attention. (6 marks)
- (c) Explain the benefits of practicing safe motherhood in reproductive health. (5 marks)

QUESTION FIVE

- (a) Describe the family Planning Methods available for postpartum mothers. (5 marks)
- (b) Explain in detail the reasons for integrating Family Planning Services in Reproductive health. (10 marks)