



TECHNICAL UNIVERSITY OF MOMBASA

School of Humanities and Social Sciences

Department of HOSPITALITY & Tourism MANAGEMENT

UNIVERSITY EXAMINATION FOR THE DEGREE OF:
BACHELOR OF SCIENCE IN TOURISM MANAGEMENT (BSTMS21)
BHT 4402: LEISURE AND RECREATION MANAGEMENT

END OF SEMESTER EXAMINATION

SERIES: DECEMBER 2024

TIME: 2 HOURS

DATE: Pick Date Dec 2024

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt Choose instruction.

Do not write on the question paper.

SECTION A (Answer all the questions)

30 POINTS

QUESTION ONE

- a) Describe the concept of leisure as free or discretionary time. (10 marks)
- b) List and describe ten activities that could be considered as recreation activities (10 marks)
- c) Discuss the role of government in planning for leisure and recreation facilities. (10 marks)

SECTION B (Answer only TWO questions)

QUESTION TWO

- a) Describe how local authorities invest in leisure and recreation in their jurisdiction. (10 marks)
- b) Discuss the role of a leisure and recreation manager in a local authority (10 marks)

QUESTION THREE

Describe five (5) factors that motivate involvement in leisure and recreation activities. (10 marks)

Discuss the leisure planning process (10 Marks)

QUESTION FOUR

d) Explain the following relationships of leisure and work; (10 marks)

- i. Compensatory Theory of Leisure
- ii. Spillover Theory of Leisure

Describe the social benefits of leisure and recreation to individuals and a community

(10 Marks)

QUESTION FIVE

a) Discuss the relationship between Leisure, Recreation and Tourism (10 marks)

b) Describe ANY two methods of assessing potential demand for recreation facilities. (10 marks)