



TECHNICAL UNIVERSITY OF MOMBASA

School of Humanities and Social Sciences

Social Sciences

UNIVERSITY EXAMINATION FOR:
BACHELOR OF ARTS IN SOCIOLOGY
HCP 4207 THEORIES OF PERSONALITY

SERIES: JULY 2025

TIME: 2 HOURS

DATE: Pick Date Jul 2025

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- Discuss the situational factors that challenge trait-based theories of personality. (10 Marks)
- Explain how personality change over the lifespan according to different theories. (10 Marks)
- Discuss potential risks of categorizing or labeling individuals based on their personality traits. (10 Marks)

Question TWO

- Explain the roles, which genetics play in shaping personality, as discussed in contemporary theories. (10 Marks)
- Discuss the impact of social media on personality expression and development. (10 Marks)

Question THREE

- Discuss how different personality theories address issues of mental health and therapy. (10 Marks)
- Discuss ways in which personality theories inform educational practices and student engagement. (10 Marks)

Question FOUR

- Discuss the role of resilience in personality development as described by different theories. (10 Marks)
- Discuss the implications of personality theory for understanding criminal behavior. (10 Marks)

Question FIVE

- Discuss how personality theories account for changes in personality due to trauma or significant life. (10 Marks)
- Explain how the concept of emotional intelligence intersect with traditional personality theories. (10 Marks)

