



TECHNICAL UNIVERSITY OF MOMBASA

School of Humanities and Social Sciences

Social Sciences

UNIVERSITY EXAMINATION FOR:

BACHELOR OF ARTS IN DEVELOPMENT STUDIES & BACHELOR OF ARTS IN COUNSELLING
PSYCHOLOGY

HDS 4104: DEVELOPMENTAL PSYCHOLOGY

SERIES: APRIL 2025

TIME: 2 HOURS

DATE: Pick Date Apr 2025

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- Define "attachment" in the context of developmental psychology, and explain **FOUR** key reasons why attachment is important in the development of personality. (10 Marks)
- Describe the observational study method in developmental psychology. Then, discuss **FOUR** advantages and **FOUR** disadvantages of using this method. (10 Marks)
- Outline and discuss **FIVE** ways parents can help their children develop moral reasoning according to Kohlberg's stages of moral development. (10 Marks)

Question TWO

- Explain **FIVE** significant roles that Erikson's stage of "identity vs. role confusion" plays in adolescent personality development. (10 Marks)
- Discuss how an understanding of adolescent cognitive development can contribute to **FIVE** counseling approaches for helping troubled teenagers. (10 Marks)

Question THREE

- Using relevant examples, explain how the lifespan perspective and its principles influence **TEN** different ways we view human development. (10 Marks)
- Discuss **FIVE** practical ways the understanding of human growth and development can be applied in real-world settings, such as education. (10 Marks)

Question FOUR

- Define prenatal care and discuss **EIGHT** ways it impacts fetal development. (10 Marks)
- Evaluate **FIVE** negative effects of maternal stress on prenatal development, and propose measures to mitigate these effects. (10 Marks)

Question FIVE

- Define the concepts of "growth" and "development," and discuss **SIX** factors that contribute to children's growth and development. (10 Marks)
- Propose **FIVE** interventions to improve development in underprivileged children, based on key determinants of growth. (10 Marks)