



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES: SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

BACHELOR OF ARTS IN DEVELOPMENT STUDIES

(BADS SEP24 Y1S2)

UNIT CODE: HDS 4106 UNIT TITLE: SOCIAL WORK THEORIES AND PRACTICE

SERIES: JAN-MAY 2025

TIME: 2 HOURS

DATE: MAY2025

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of FIVE questions. Answer question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

QUESTION ONE

a) Explain the following concepts as applied in social work theories and practice

i) Social work Practice (5 marks)

ii) Goal setting (5 marks)

iii) Casework (5 marks)

iv) Cultural Competence (5 marks)

b) State the social work profession's mandates (5 marks)

c) Conflicts of Interest is one aspect of ethical standards valued in social work. Explain (5 marks)

QUESTION TWO

a) Discuss the Seven Features that set the psychoanalytic approach apart from other approaches (10 marks)

b) Explain how the tenets of Conflict Theory can be used to address issues in our society (10 marks)

QUESTION THREE

a) Discuss what social workers should do in order to uphold professionalism in regard to misrepresentation (10 marks)

b) Critically discuss how existential-humanistic theory of personality change can be tested using a measure of psychological well-being (PWB) (10 marks)

QUESTION FOUR

a) Explain three conditions that the Therapists must create to help clients change (10 marks)

b) Clearly, explain what Access to Records means to both client and social worker (10 marks)

QUESTION FIVE

Discuss Trends in social work theories and practice (20 marks)