



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

BACHELOR OF ARTS IN DEVELOPMENT STUDIES (BAS Y2S1)

HDS 4104 SOCIAL WORK THEORIES AND PRACTICE

SERIES: JULY 2025

TIME: 2 HOURS

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Answer question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

QUESTION ONE

a) Define the following concepts of Social Work Theories and Practice:

i) Social work Practice (5 marks)

ii) Goal setting (5 marks)

iii) Casework (5 marks)

iv) Cultural Competence (5 marks)

b) State the mandates of social work profession (5 marks)

c) Conflicts of Interest is one aspect of ethical standards valued in social work, explain how social workers need to apply it in social work practice. (5 marks)

QUESTION TWO

a) Discuss the Seven Features that set the psychoanalytic approach apart from other approaches. (10 marks)

b) Explain how the tenets of Conflict Theory can be used to addressing issues in our society. (10 marks)

QUESTION THREE

a) Is misrepresentation an ethical issue in Social Work Practice? Suggest what a social worker should do in order to uphold professionalism in regard to misrepresentation. (10 marks)

b) Critically discuss how The existential-humanistic theory of personality change can be tested using a measure of psychological well-being (PWB). (10 marks)

QUESTION FOUR

a) Client-centered therapy assumes that the client holds the keys to recovery but notes that the therapist must offer a relationship in which the client can openly discover and test his own reality, with genuine understanding and acceptance from the therapist. In light of the preceding statement discuss three conditions that the Therapists must create to help clients change. (10 marks)

b) Clearly, explain what Access to Records means to both client and social worker. (10 marks)

QUESTION FIVE

Explain how the following three major trends in society challenge social work theories and practice and suggest ways to reduce them: (20 marks)

- i. Trauma
- ii. Technology and
- iii. Racism.

