



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF SOCIAL SCIENCE

UNIVERSITY EXAMINATION FOR:

BACHELOR OF ARTS IN DEVELOPMENT STUDIES (BADs), Y4, S2

HDS 4410: YOUTH AND DEVELOPMENT

END OF SEMESTER EXAMINATION

SERIES: JULY 2025: TIME: 2 HOURS

DATE: JULY 2025

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of five questions. Attempt Question One and any other Two

Do not write on the question paper.

QUESTION ONE:

- a. Explain five key principles of youth development. (10 marks)
- b. Explain five areas in which learning institutions play a role in youth and development. (10 marks)
- c. Explain five ways in which communities can promote healthy youth development. (10 marks)

QUESTION TWO

- a. Explain any five key environmental factors and experiences that have been found to promote positive youth development. (10 marks)
- b.  Examine five processes of capacity building. (10 marks)

QUESTION THREE

- a. Explain five areas in which participation in physical activity during childhood and adolescence help the youth. (10 marks)
- b. Discuss the criteria that youth organizations should meet as they transact their businesses. (10 marks)

QUESTION FOUR

- a. Explain the importance of participatory development especially for the Kenyan youth. (10 marks)
- b. Highlight common youth cultures in Kenya. (10 marks)

QUESTION FIVE

- a. Discuss principles and values underlying the national youth policy. (10 marks)
- b. Evaluate any five challenges affecting the Kenyan youth in the 21st century. (10 marks)

