



TECHNICAL UNIVERSITY OF MOMBASA
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
SOCIAL SCIENCES
UNIVERSITY EXAMINATIONS FOR:
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY
HCP 4106: PSYCHOLOGY OF COMMUNITY HEALTH
SERIES: APRIL 2025
TIME: 2 HOURS

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- a) Briefly describe the THREE prevention types of in relation to psychology of community health (10marks)
- b) Evaluate any TWO fundamentals' functions of community health: (10 marks)
- c) Differentiate the first two stages of transtheoretical changes using an case example of a youth diagnosed with cannabis use disorder (10 marks)

Question TWO

- a) Describe any FIVE sustainable development goals (SDGs) that advocate universal call to action that will ensure that by 2030 all people enjoy peace and prosperity (10marks)
- b) Discuss how cultural beliefs of a community influence health behaviour citing relevant examples (10 marks)

Question THREE

- a) Discuss any FIVE factors that affect community and public health (10 marks)
- b) Critically explain FIVE profound mental health disorders of community health interest and justify your selection (10 marks)

Question FOUR

- a) As an expert in in community health psychology how you will advise a small community and public health organization to do toward achieving the goal of health for all? (10 marks)
- b) Differentiate between communicable and non-communicable disease (5 marks)
- c) Briefly describe FIVE common non-communicable diseases in Kenya (5 marks)

Question FIVE

- a) Discuss the Multilevel Approach To Community Health (MATCH) model, used in health education and health promotion (10 marks)
- b) Expound the FIVE essential components of primary health care (10 marks)