



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

HCP 4314: COUNSELLING IN CORRECTIONAL INSTITUTIONS

SERIES: JULY 2025

TIME: 2 HOURS

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions. **Do not write on the question paper.**

Question ONE

- Discuss one challenge and one benefit of group counselling in correctional institutions. Illustrate the strategy that can help overcome the challenge. (10 marks)
- Critically explain why cultural competence is vital for counsellors in correctional institutions. Describe two ways that can enhance counsellors' cultural competence in correctional institutions (10 marks)
- As a correctional counsellor, you have received a report from the Prison Welfare Officer showing a persistent trend of anti-social behaviour despite provision of counselling, what additional strategies would you recommend that might help reduce the likelihood of recidivism (10 marks)

Question TWO

- Discuss the primary theoretical frameworks used in the treatment of sex offenders within correctional institutions. How do these frameworks inform risk management and treatment planning? (10 marks)
- As a correctional counsellor in charge, you have received an annual report from the deputy commissioner showing an increase in the number of offenders abusing substances in 2024 compared to 2023. Discuss evidence-based counselling interventions that can be used to address the increasing need of offenders with substance users challenges. (10 marks)

Question THREE

- Identify and discuss FOUR ethical challenges encountered when counselling sex offenders and substance abusers in correctional settings. (10 marks)
- Explain how counsellors can navigate ethical dilemmas while maintaining professional integrity and ensuring client welfare (10 marks)

Question FOUR

- What is Cognitive Behavioural Therapy? Explain FOUR core techniques commonly used in behavioural therapies within correctional settings. (10 marks)
- Explain what rehabilitation is as it pertains to correctional counselling. How does rehabilitation differ from punishment, and why is it considered essential in modern correctional practices? (10 marks)

Question FIVE

- Describe the components of an integrated rehabilitation program in a correctional setting. (10 marks)
- Describe FOUR leading indicators that can be used to measure the success of counselling in correctional institutions. Discuss two quantitative and two qualitative measures. (10 marks)