



**TECHNICAL UNIVERSITY OF MOMBASA**  
**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**  
**SOCIAL SCIENCES**  
**UNIVERSITY EXAMINATIONS FOR:**  
**BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**  
**HCP 4314: COUNSELLING IN CORRECTIONAL INSTITUTIONS**  
**SERIES: APRIL 2025**  
**TIME: 2 HOURS**

**Instructions to Candidates**

You should have the following for this examination

*-Answer Booklet, examination pass and student ID*

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

**Do not write on the question paper.**

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**Question ONE**

- a) Discuss FIVE key contextual demands encountered by the correctional Counselor that make his or her job more stressful. (10 marks)
- b) Discuss FIVE essential roles expected to be carried out by an Institutional counsellor in a correctional facility. (10 marks)
- c) What is professional humility and how is it relevant to correctional counselling (10 marks)

**Question TWO**

- a) Explain what is alternative incarceration and how relevant is it at community level (10 marks)
- b) Discuss FIVE different types of community corrections citing relevant examples (10 marks)

**Question THREE**

- a) Discuss the effectiveness of FOUR counseling approaches used in correctional institutions (10 marks)
- b) What is correctional counselling and critically illustrate its significance in rehabilitation of offenders (10 marks)

**Question FOUR**

- a) As a counselling psychologist, you have been called upon to advise the Deputy Commissioner of a correctional institution on how counselling programs can reduce recidivism. Critically justify your argument. (10 marks)
- b) Demonstrate why it is essential for correctional staff to have some knowledge of mental illness while working in a correctional facility. (10 marks)

**Question FIVE**

- a) Using Rational Emotive Therapy, illustrate how you will go about educating the correctional offenders in overcoming recidivism (10 marks)
- b) Explain citing examples core components areas that are critical in developing a treatment plan of an incarcerated sex offender (10 marks)