



TECHNICAL UNIVERSITY OF MOMBASA
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
SOCIAL SCIENCES
UNIVERSITY EXAMINATIONS FOR:
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY
HCP 4312: COUNSELLING FOR SPECIAL NEEDS
SERIES: APRIL 2025
TIME: 2 HOURS

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- a) Citing relevant examples describe FIVE key concerns likely to be presented for counselling by special populations. (10 marks)
- b) Parents with children suffering from Neurodevelopmental disorders often experience overwhelming distress. Discuss FIVE neurodevelopmental disorders that affect children and the societal attitudes towards them (10 marks)
- c) Describe two challenges counsellors might face when working with refugees and asylum seekers and suggest strategies to overcome them. (10 marks)

Question TWO

- a) Highlight on the essential components of cultural competence that a counsellor should develop when working with special populations (10 marks)
- b) Discuss psychological issues of interest that may arise when counselling Older Adult clients and propose therapeutic strategies to address them (10 marks)

Question THREE

- a) Explain FIVE key challenges faced by LGBTQI+ individuals that may affect their mental health (10 marks)
- b) Describe effective counselling strategies for working with individuals with disabilities (10 marks)

Question FOUR

- a) Discuss FIVE dimensions of emerging adulthood as described by Jeffrey Arnett (10 marks)
- b) Identify FIVE common changes that women experience during climacteric and their influence on mental health (10 marks)

Question FIVE

- a) Expound on the common psychological challenges faced by older adults. (10 marks)
- b) Using existential therapy, describe the four givens and how they can be applied to addressing mental health challenges among the older population (10 marks)