



TECHNICAL UNIVERSITY OF MOMBASA

School of Humanities and Social Sciences

Social Sciences

UNIVERSITY EXAMINATION FOR:

BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

HCP 4310: COUNSELLING DISPLACED PERSONS REFUGEES AND WAR VICTIMS

SERIES: JULY 2025

TIME: 2 HOURS

DATE: Pick DateApr 2025

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other **TWO** questions.

Do not write on the question paper.

Question ONE

- Explain how individuals' responses to trauma differ based on the phase they are in. (10 Marks)
- Describe the context of violence and trauma, highlighting **TEN** key factors that contribute to the traumatic experiences of victims. (10 Marks)
- Analyze **THREE** strengths and **TWO** weaknesses of the WITS trauma model. (10 Marks)

Question TWO

- Assess the **FIVE** areas commonly associated with post-traumatic growth (PTG). (10 Marks)
- Design a **FIVE**-plan intervention aimed at facilitating Post-Traumatic growth for trauma survivors. (10 Marks)

Question THREE

- Evaluate **FIVE** importance of victim empowerment in the process of trauma recovery. (10 Marks)
- Examine **TEN** ways support systems can promote empowerment for trauma survivors (10 Marks)

Question FOUR

- Explore **FIVE** strategies a counselor can use to support a refugee who is experiencing anxiety and fear after arriving in a new country. (10 Marks)
- Discuss **FIVE** ways in which cultural beliefs and social norms impact the experience of trauma and its treatment among displaced persons. 10 Marks)

Question FIVE

- Describe **FIVE** primary symptoms of xenophobia that counselors need to be aware of with justifications. (10 Marks)
- Analyze **FIVE** ways in which a strong social network impacts the building of resilience. (10 Marks)