

# TECHNICAL UNIVERSITY OF MOMBASA

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School of Humanities and Social Sciences

Social Sciences

## UNIVERSITY EXAMINATION FOR:

BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY & DEVELOPMENTAL STUDIES

HDS 4101: INTRODUCTION TO PSYCHOLOGY

**SERIES:** JULY 2025

**TIME:** 2 HOURS

**DATE:** Pick Date Jul 2025

### Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

**Do not write on the question paper.**

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### Question ONE

- i. Explain two goals of psychology. (10 Marks)
- ii. A person who has manic-depressive reactions exhibits various characteristics. Describe five of these characteristics. Use illustrations. (10 Marks)
- iii. Discuss two determinants of human development. Use relevant illustrations. (10 Marks)

### Question TWO

- i. Explain **FIVE** schedules that can be applicable in behavior modification through operant conditioning. (10 Marks)
- ii. Socially oriented motives are applicable in our day to day life. Analyze this statement. (10 Marks)

### Question THREE

- i. Highlight **FIVE** personal obstacles that can cause frustration to a student at Technical University of Mombasa. (10 Marks)
- ii. The third step of experimental research is deductive reasoning. From a researcher of point of view describe the key considerations in this step. (10 Marks)

### Question FOUR

- i. The interaction between heredity and environment influences the following forms of development. Discuss **FIVE** of these forms. (10 Marks)
- ii. Discuss five perspectives of psychology. (10 Marks)

### Question FIVE

- i. Discuss five features of instrumental conditioning. (10 Marks)
- ii. Sigmund Freud in his theory of psychoanalysis highlighted five key ideas. Discuss. (10 Marks)