



TECHNICAL UNIVERSITY OF MOMBASA

School of Humanities and Social Sciences

Social Sciences

UNIVERSITY EXAMINATION FOR:

BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY & DEVELOPMENTAL STUDIES

HDS 4101: INTRODUCTION TO PSYCHOLOGY

SERIES: DEC 2024

TIME: 2 HOURS

DATE: Pick DateDec 2024

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- i. Explain Case study method of data collection citing its merits. (10 Marks)
- ii. Human being use defense mechanisms to reduce anxiety. Discuss five of these mechanisms. (10 Marks)
- iii. Discuss five branches of psychology. (10 Marks)

Question TWO

- i. Explain five neurotic disorders. (10 Marks)
- ii. Describe the motivation cycle. (10 Marks)

Question THREE

- i. Highlight FIVE side effects of punishing a child. (10 Marks)
- ii. Explain socially oriented motives. Use illustrations. (10 Marks)

Question FOUR

- i. Discuss Maslow Hierarchy of needs, cite its applicability in human life. (10 Marks)
- ii. Discuss the nature and nurture controversy. (10 Marks)

Question FIVE

- i. Classical conditioning operates under five principles. Evaluate this statement. (10 Marks)
- ii. Discuss five factors that affect your perception. (10 Marks)