



TECHNICAL UNIVERSITY OF MOMBASA

School of Humanities and Social Sciences

Social Sciences

UNIVERSITY EXAMINATION FOR:
BACHELOR OF ARTS IN CONFLICT AND SECURITY STUDIES
HCP 4301: COUNSELLING FOR WAR VICTIMS

SERIES: JULY 2025

TIME: 2 HOURS

DATE: Pick Date Jul 2025

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- a) Explain **FIVE** issues of concern when counselling ex-combatants. (10 Marks)
- b) Examine **FIVE** likely pitfalls in the debriefing process after war. (10 marks)
- c) Assess **FIVE** traumatic experiences of refugees that may result in posttraumatic stress disorder. (10 Marks)

Question TWO

- a) Explore **TEN** factors that may contribute to grief among children after a war. (10 Marks)
- b) Discuss **FIVE** considerations necessary for counselling children facing war trauma. (10 Marks)

Question THREE

- a) "Crisis intervention is about rescuing the client". Provide a critical view to this statement. (10 Marks)
- b) "Although war is common, experiences vary and are unique to each individual". Use examples to justify this statement (10 Marks)

Question FOUR

- a) Give a concise account of how the WITS trauma model can assist you in counselling war victims. (10 Marks)
- b) Explore **FIVE** negative experiences you may face as a front liner using the WITS trauma model. (10 Marks)

Question FIVE

- a) Identify and explain **TEN** emotions that accompany bereavement and grief of military families or communities. (10 Marks)
- b) "Taking care of yourself can help you through the process of grief". Validate this statement in relation to war victims in grief. (10 Marks)