



# TECHNICAL UNIVERSITY OF MOMBASA

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School of Humanities and Social Sciences

Social Sciences

## UNIVERSITY EXAMINATION FOR:

BACHELOR OF ARTS IN CONFLICT AND SECURITY STUDIES

HCP 4301: COUNSELLING FOR WAR VICTIMS

**SERIES:** DECEMBER 2024

**TIME:** 2 HOURS

**DATE:** Pick DateDec 2024

### Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

**Do not write on the question paper.**

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### Question ONE

- a) Define vicarious traumatization and explain **EIGHT** factors that make first respondents vulnerable to experiencing it. (10 Marks)
- b) Advise the community on **FIVE** mistakes people make when giving support to war victims with suicidal tendencies and provide corrective measures. (10 marks)
- c) "War is a violation of human rights." Substantiate this statement with relevant examples. (10 Marks)

### Question TWO

- a) Examine **FIVE** causes of anger among victims of war and its effects on their behavior. (10 Marks)
- b) Explain **FIVE** challenges you are bound to meet as you assist victims of war who have anger tendencies. (10 Marks)

### Question THREE

- a) Elucidate **TEN** indicators of normal grief? (10 Marks)
- b) Explain **FIVE** ways of assisting war victims experiencing various aspects of grief. (10 Marks)

#### **Question FOUR**

- a) By use of relevant examples explore **SIX** ways in which the environment and culture contribute to trauma vulnerability and healing of war victims. (12 Marks)
- b) Examine **FOUR** principles of trauma counselling that would be resourceful in helping war victims in a) above. (8 Marks)

#### **Question FIVE**

- a) Explore **FIVE** ways of creating trauma informed services for war victims. (10 Marks)
- b) Assess **FIVE** challenges you are likely to face in implementation of services in a) above and suggest possible solutions. (10 Marks)