TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF HOSPITALITY & TOURISM MANAGEMENT

UNIVERSITY EXAMINATION FOR THE DEGREE OF:

BACHELOR OF TECHNOLOGY IN HOTEL AND HOSPITALITY

MANAGEMENT/BACHELOR OF SCIENCE IN TOURISM MANAGEMENT

(BTHMS17/ BSTMS17)

BHH 4403/HHT 4402: LEISURE AND RECREATION MANAGEMENT

END OF SEMESTER EXAMINATION

SERIES: JULY 2021

TIME: 2HOURS

DATE: Pick Date Jul 2021

<u>**Instructions to Candidates**</u>
You should have the following for this examination
-Answer Booklet, examination pass and student ID
This paper consists of **FIVE** questions. Attemptquestion ONE (Compulsory) and any other TWO questions.
Do not write on the question paper.

SECTION A (Answer all the questions)   **30 POINTS**

QUESTION ONE

Distinguish between the Compensatory Theory of Leisure and Spillover Theory of Leisure. (10 marks)

Describe any ten types of recreation activities (10 marks)

Children play is the foundation of leisure and recreation. Discuss. (10 marks)

SECTION B (Answer only <u>TWO</u> questions)

QUESTION TWO

Discuss the personal and situational circumstances that affect leisure participation. (10 marks)

Describe how leisure managers would endeavour to provide a balanced community recreation programme. (10 marks)

QUESTION THREE

Discuss the benefits of recreation to a community (20 marks)

QUESTION FOUR

Outline and explain the TEN stage leisure planning process. (20 Marks)

QUESTION FIVE

Staff are claimed to be the most valuable asset in leisure and recreation settings. Discuss. (10 marks)

Explain why effective programming of leisure facilities and services is fundamental to achieving the aims and objectives of a leisure and recreation organization. (10 marks)