



TECHNICAL UNIVERSITY OF MOMBASA

FACULTY OF APPLIED AND HEALTH SCIENCES

DEPARTMENT OF ENVIROMENT & HEALTH SCIENCES

UNIVERSITY EXAMINATION FOR:

DIPLOMA IN COMMUNITY HEALTH AND HIV MANAGEMENT

DCHM/16S/YEAR 2/SEMESTER 1

BCD 2201: INTRODUCTION TO GUIDANCE AND COUNSELLING

SPECIAL/ SUPPLIMENTARY EXAMINATIONS

SERIES: SEPTEMBER 2018

TIME: 2 HOURS

Instructions to Candidates

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

This paper consists of one printed pages.

Mobile phones are NOT allowed in the examination room

QUESTION ONE

- A. High light five types of counseling (5marks)
- B. Define the term guidance (3marks)
- C. Describe four barriers of counseling include (4marks)
- D. Identify five most appropriate classification of counseling techniques (5marks)
- E. Describe the objective of summarizing technique (3marks)
- F. Illustrate five appropriate characteristics of an effective counselor (5marks)
- G. Describe Interpersonal as a skill of counseling (5marks)

QUESTION TWO

Discuss actual process of counseling (15marks)

QUESTION THREE

Discuss and state the problems that clients may bring to counseling (15marks)

QUESTION FOUR

Describe five main counseling skills (15marks)

QUESTION FIVE

- A. Discuss psychotherapy counseling (7marks)
- B. State and explain the purpose of counseling (8marks)