



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

DCDC Y1S1

BCD2101:INTRODUCTION TO GUIDANCE AND COUNSELLING

SERIES:AUGUST2019

TIME:2HOURS

DATE:1Aug2019

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of Choose No questions. AttemptChoose instruction.

Do not write on the question paper.

Question one

- Define the term counseling (2mks)
- Highlight **TWO** types of counseling (2mks)
- Identify **FOUR** basic principles of guidance (4mks)
- Enumerate **FOUR** main stages in counseling process (4mks)
- State any **FOUR** ethical values that safe guard therapeutic intervention (4mks)
- Identify **FOUR** counseling skills (4mks)
- Enumerate **FOUR** goals of guidance and counseling (4mks)
- Highlight **FOUR** contribution of guidance and counseling to individual's well-being (4mks)
- State **TWO** levels of counseling (2mks)

Question two

Katana is a student at Technical University of Mombasa, but guess what he has just discovered that he is HIV positive

- Briefly describe the counseling process katana is likely to go through towards acceptance (10mks)
- Describe **FIVE** qualities that your required to demonstrate during the counseling process (10mks)

Question three

- a. Briefly describe **FOUR** types of counseling (8mks)
- b. Briefly describe **FOUR** code of ethics for counsellor (8mks)
- c. Briefly describe the significance of guidance and counseling in our contemporary society (4mks)

Question four

- a. Contrast between guidance and counseling (14mks)
- b. Briefly describe the factors to consider when preparing a counseling environment (6mks)

Question five

- a. Briefly describe **THREE** approaches in counseling (6mks)
- b. Briefly describe **FIVE** counseling skills (10mks)
- c. Contrast between one on one counseling and group counseling (4mks)