

DEPARTMENT OF ENVIRONMENT & HEALTH SCIENCES
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF
SCIENCE IN COMMUNITY HEALTH

DCHM 18S/ SEMESTERY2S1

BCD 2201: INTRODUCTION TO COUNSELLING

SEMESTER EXAMINATION (PAPER 1)

SERIES: MAY/AUGUST 2019

TIME: 2 HOURS

Instructions to Candidates

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

This paper consists of two printed pages.

QUESTION ONE

- a) What defines a counselor? (4marks)
- b) Mention the unique areas of relationship by counselor and client.(6marks)
- c) What are the limits to confidentiality.(4marks)
- d) Explain theories in counselling.(4marks)
- e) Explain the rationale of community based counselling.(5marks)
- f) State the factors that influence community counselling.(5marks)
- g) What is process in counselling.(2marks)

QUESTION TWO

Discuss exploration in the process of counselling. (15marks)

QUESTION THREE

- a) Explain Action in the process of counselling.(5marks)
- b) What are the ethical requirements of a counsellor.(10marks)

QUESTION FOUR

Discuss Humanistic counselling by scholar Abraham Maslow. (15marks)

QUESTION FIVE

Discuss behavioural theory by scholar Ivan Pavlov. (15marks)