

DEPARTMENT OF ENVIRONMENT & HEALTH SCIENCES
UNIVERSITY EXAMINATION FOR THE DEGREE OF BACHELOR OF
SCIENCE IN COMMUNITY HEALTH

DCHM 18S/ SEMESTERY2S1

BCD 2101: INTRODUCTION TO GUIDANCE &
COUNSELLING

SEMESTER EXAMINATION (PAPER 2)

SERIES: MAY/AUGUST 2019

TIME: 2 HOURS

Instructions to Candidates

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

This paper consists of two printed pages.

QUESTION ONE

- a) Differentiate between;
 - i) Advice.(2marks)
 - ii) Guidance. (2marks)

- b) State how counselling takes place.(6marks)
- c) What defines a counselor.(4marks)
- d) Mention the theories of counselling.(4marks)
- e) What does the counsellor need to address the community counselling.(5marks)
- f) Explain termination and evaluation in counseling.(5marks)
- g) Explain structuring in counselling.(2marks)

QUESTION TWO

Discuss exploration in the process of counselling. (15marks)

QUESTION THREE

Discuss the psychoanalytical theory by scholar Sigmund Freud. (15marks)

QUESTION FOUR

Discuss self-concept in counselling. (15marks)

QUESTION FIVE

Explain the following;

- i) Empathy.(5marks)
- ii) Organistic self.(5marks)
- iii) Attending.(5marks)