



# TECHNICAL UNIVERSITY OF MOMBASA

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FACULTY OF APPLIED AND HEALTH SCIENCES

DEPARTMENT OF ENVIRONMENT & HEALTH SCIENCES

**UNIVERSITY EXAMINATION FOR:**

**BACHELOR OF SCIENCE IN ENVIRONMENTAL HEALTH,  
ELECTRICAL ENGINEERING & MECHANICAL ENGINEERING.**

**BSEH/BSEE/BSME/16S/YEAR 1/ SEMESTER 1**

**APH 4150 HEALTH EDUCATION AND PROMOTION**

**SPECIAL/ SUPPLEMENTARY EXAMINATIONS**

**SERIES: SEPTEMBER 2018**

**TIME: 2 HOURS**

## *Instructions to Candidates*

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

*This paper consists of two printed pages.*

*Mobile phones are NOT allowed in the examination room*

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## **Question one**

- a) Define health according to WHO 1986 **(2 Marks)**
- b) Mention four services categorized as preventive strategies. **(4 Marks)**
- c) Differentiate between health promotion and disease prevention **(4 Marks)**
- d) Explain
  - i. Health extension **(2 Marks)**
  - ii. Advocacy **(2 Marks)**
- e) What are your responsibilities to the community as a health educator? **(4 Marks)**
- f) List formal & informal groups found in your community. **(4 Marks)**
- g) Explain target population **(4 Marks)**

h) Outline the impact of health on people at the corporate sector

**(4 Marks)**

**Question two**

a) You are the Health educator of KPLC. Discuss your role in each level of prevention and note how it differs depending on the health settings giving examples. **(12 Marks)**

b) Explain the common communication approaches **(8 Marks)**

**Question three**

Being the head educator of Health at KPA explain to your workers the basic principles of ethics. **(20 Marks)**

**Question four**

a) Discuss evaluation of training in health education. **(10 Marks)**

b) Explain the health belief model to predict health – related behavior in five patterns. **(10 Marks)**

**Question five**

Discuss the models of communication for behavior change advocacy and social mobilization. **(20 Marks)**