

## TECHNICAL UNIVERSITY OF MOMBASA

#### FACULTY OF APPLIED AND HEALTH SCIENCES

#### DEPARTMENT OF ENVIROMENT & HEALTH SCIENCES

## **UNIVERSITY EXAMINATION FOR:**

## DIPLOMA IN COMMUNITY HEALTH AND HIV MANAGEMENT

#### DCHM 18M /YEAR 2/SEMESTER 2

**ACM 2302: MATERNAL HEALTH CARE** 

**END OF SEMESTER EXAMINATION** 

**SERIES: AUGUST 2019** 

**TIME: 2 HOURS** 

# **Instructions to Candidates**

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

This paper consists of two printed pages.

Mobile phones are NOT allowed in the examination room



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# **QUESTION 1 (30 MARKS)**

a) Define the following terms as used in maternal health;

i. Maternal mortality (2 marks) ii. Focused antenatal care (2 marks) iii. Maternal morbidity (2 marks) (5 marks)

b) Highlight on the pillars of maternal and newborn health

- c) Comment on the TEN reproductive health risks that affect maternal health (5 marks)
- d) List the rights associated with quality maternal health care services (5 marks)
- e) Highlight the importance of taking the obstetric history of a pregnant woman. (5 marks)
- f) Explain the importance of focused antennal care and the number of recommended visits. (5 marks)

# **QUESTION 2**

Discuss the causes of maternal and neonatal mortality.

(15 marks)

# **QUESTION 3**

As a community health care provider, prepare a health talk on the importance of preconception and conception nutritional requirements in women. (15 marks)

# **QUESTION 4**

Discuss the components of the first visit in focused antenatal care services (15 marks)

# **QUESTION 5**

Describe with examples how a health worker can date and detect pregnancy, in a rural setup and the physical changes that occur during pregnancy (15 marks)