



TECHNICAL UNIVERSITY OF MOMBASA

FACULTY OF APPLIED AND HEALTH SCIENCES

DEPARTMENT OF ENVIROMENT & HEALTH SCIENCES

UNIVERSITY EXAMINATION FOR:

DIPLOMA IN COMMUNITY HEALTH AND HIV MANAGEMENT

DCHM 18M /YEAR 2/SEMESTER 2

ACM 2204: HIV TESTING AND COUNSELING

END OF SEMESTER EXAMINATION

SERIES: AUGUST 2019

TIME: 2 HOURS

Instructions to Candidates

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

This paper consists of two printed pages.

Mobile phones are NOT allowed in the examination room

QUESTION 1 (30 MARKS)

- a) Highlight on the importance of testing for HIV (5 marks)
b) Describe the different types of HTC (4 marks)

- c) Explain the importance of holistic and comprehensive care concept in HIV care (5 marks)
- d) Highlight the special populations handled in HIV testing. (5 marks)
- e) Define HTC and comment on the core principles of HTC (4 marks)
- f) Explain the importance of; self-awareness, disclosure and prevention with positives (3 marks)
- g) Explain the importance of HTC services to pregnant women (4 marks)

QUESTION 2

In provision of HTC services in the community, discuss the ethical guidelines that a counselor should adhere to when providing such services (15 marks)

QUESTION 3

Discuss the importance of couple counselling (15 marks)

QUESTION 4

Describe the following theories of counseling and their importance as applied in HTC

- i. Psychoanalytic theory
- ii. Humanistic theory
- iii. Cognitive-behavioral theory (15 marks)

QUESTION 5

Chaurembo is an 8 year old, who has been brought in for HTC services. Discuss the considerations applicable in this situation. (15 marks)