



**TECHNICAL UNIVERSITY OF MOMBASA**

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FACULTY OF APPLIED AND HEALTH SCIENCES  
DEPARTMENT OF ENVIROMENT & HEALTH SCIENCES

**UNIVERSITY EXAMINATION FOR:  
DIPLOMA IN COMMUNITY HEALTH AND HIV MANAGEMENT  
DCHM/16M/YEAR 2/SEMESTER 2  
ACM 2203: HOME BASED CARE  
SPECIAL/ SUPPLIMENTARY EXAMINATIONS  
SERIES: SEPTEMBER 2018  
TIME: 2 HOURS**

***Instructions to Candidates***

This paper consists of FIVE questions

Answer question ONE (COMPULSORY) and any other TWO questions.

***This paper consists of one printed pages.***

***Mobile phones are NOT allowed in the examination room***

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**QUESTION 1 (30marks)**

- a. State the role of ARVs in palliative health care. (4marks)
- b. Explain the components of holistic care. (5marks)
- c. Compare and contrast different models of care. (5marks)
- d. Explain the importance of communication in palliative care. (3marks)
- e. Outline **five** objectives of home based care. (5marks)
- f. State the factors that influence nutrition in home based care. (3marks)
- g. Outline the challenges young care givers go through in taking care of either sick parents or siblings. (5marks)

**QUESTION 2**

Discuss the essential elements and principles that should be included in and guide home based care program. (15marks)

**QUESTION 3**

Describe major factors to address when assessing potential home based care clients and families. (15marks)

**QUESTION 4**

Home based care is a mechanism of care provision. By giving example describe the components of home based care. (15marks)

**QUESTION 5**

- I. Describe the management of common symptoms in palliative care patients. (10marks)
- II. Describe principles of palliative care. (5marks)