



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELLING

BCD 2101: INTRODUCTION TO GUIDANCE AND COUNSELLING

END OF SEMESTER EXAMINATION

SERIES: DECEMBER 2016

TIME: 2 HOURS

DATE: 13 Dec 2016

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FOUR** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- a. State five advantages of counseling in community development (10 marks)
- b. Discuss five counseling ethics (10 marks)

Question TWO

- a. State any five qualities of a good counsellor (10 marks)
- b. Discuss any five ways a therapist can protect himself/herself from malpractice suits (10 marks)

Question THREE

- a. Define the term peer counseling (2 marks)
- b. State any four disadvantages of peer counseling (8 marks)
- c. Describe five advantages of a therapist undergoing personal therapy (10 marks)

Question FOUR

- a. Describe four principles of effective counseling (8 marks)
- b. Define the following terms:
 - i. Confidentiality (2 marks)
 - ii. Privilege (2 marks)
 - iii. Dual relationship (2 marks)
- c. Discuss three major challenges in personal therapy (6 marks)

Question FIVE

- a. State four qualities of a good counselor (4 marks)
- b. State five advantages of peer counseling (10 marks)
- c. Identify the contribution of each of the following persons in counseling:
 - i. E. Young
 - ii. Clifford Beer
 - iii. Frank Parson