



# TECHNICAL UNIVERSITY OF MOMBASA

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SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

**UNIVERSITY EXAMINATION FOR:**

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELLING

BCD 2101: INTRODUCTION TO GUIDANCE AND COUNSELLING

END OF SEMESTER EXAMINATION

**SERIES: DECEMBER 2016**

**TIME: 2 HOURS**

**DATE: 13 Dec 2016**

## **Instructions to Candidates**

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FOUR** questions. Attempt question ONE (Compulsory) and any other TWO questions.

**Do not write on the question paper.**

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## **Question ONE**

- a. State five advantages of counseling in community development (10 marks)
- b. Discuss five counseling ethics (10 marks)

## **Question TWO**

- a. State any five qualities of a good counsellor (10 marks)
- b. Discuss any five ways a therapist can protect himself/herself from malpractice suits (10 marks)

## **Question THREE**

- a. Define the term peer counseling (2 marks)
- b. State any four disadvantages of peer counseling (8 marks)
- c. Describe five advantages of a therapist undergoing personal therapy (10 marks)

## **Question FOUR**

- a. Describe four principles of effective counseling (8 marks)
- b. Define the following terms:
  - i. Confidentiality (2 marks)
  - ii. Privilege (2 marks)
  - iii. Dual relationship (2 marks)
- c. Discuss three major challenges in personal therapy (6 marks)

**Question FIVE**

- a. State four qualities of a good counselor (4 marks)
- b. State five advantages of peer counseling (10 marks)
- c. Identify the contribution of each of the following persons in counseling:
  - i. E. Young
  - ii. Clifford Beer
  - iii. Frank Parson