



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELLING

BCD 2101: INTRODUCTION TO GUIDANCE AND COUNSELLING

END OF SEMESTER EXAMINATION

SERIES: DECEMBER 2016

TIME: 2 HOURS

DATE: 13 Dec 2016

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FOUR** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

a. Define the following terms:

- i. Referral
- ii. Termination
- iii. Counseling

b. Identify four counseling techniques (4 marks)

c. State any four merits of community counseling (4 marks)

d. Identify any four causes of early teenage pregnancy (4 marks)

e. Give four likely contributions of guidance and counseling in reducing domestic violence (4 marks)

f.

Question TWO

- a. Define family counseling (2 marks)
- b. Identify any three situations where family counseling can be useful (3 marks)
- c. State any five advantages of family counseling (5 marks)
- d. Discuss any five issues in the community that require guidance and counseling (10 marks)

Question THREE

- a. Define the term multicultural counseling (2 marks)
- b. Describe any five advantages of knowledge in multicultural counseling (10 marks)
- c. Describe any four counseling skills (8 marks)

Question FOUR

- a. Define the term personal therapy (2 marks)
- b. State five limitations of multicultural counseling (10 marks)
- c. State any four challenges that hinder the effectiveness of peer counseling (8 marks)

Question FIVE

- a. State four qualities of a good counselor (4 marks)
- b. State five advantages of peer counseling (10 marks)
- c. Identify the contribution of each of the following persons in counseling:
 - i. Alfred Binet
 - ii. Clifford Beer
 - iii. Frank Parson

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