



# TECHNICAL UNIVERSITY OF MOMBASA

---

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

DCHHM Y1S2 DIPLOMA IN COMMUNITY HEALTH AND HIV

MANAGEMENT

BCD 2101: INTRODUCTION TO GUIDANCE AND COUNSELLING

**SERIES: APRIL 2016**

**TIME: 2 HOURS**

**DATE: 11 May 2016**

## Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other **TWO** questions.

**Do not write on the question paper.**

---

## Question ONE

- (a) Explain **FIVE** importance of guidance and counseling in the community (**5 marks**)
- (b) By giving relevant examples give **THREE** benefits of active listening in counseling (**3 marks**)
- (c) Explain by giving examples **THREE** characteristics of a good counselor (**3 marks**)
- (d) Give **THREE** roles of a client in a counseling relationship (**3 marks**)
- (e) Give **THREE** importance of post-test HIV and AIDS counseling (**6 marks**)

## Question TWO

- (a) Discuss the importance of ethics in the counseling profession (**10 marks**)
- (b) Explain **FIVE** benefits of peer counseling (**10 marks**)

### **Question THREE**

- (a) Discuss the effectiveness of traditional African techniques in counseling **(10 marks)**
- (b) Explain any **FIVE** significance of multicultural counseling in Kenya **(10 marks)**

### **Question FOUR**

- (a) Explain the relevance of personal therapy to a counselor **(10 marks)**
- (b) Discuss the main goals of counseling **(10 marks)**

### **Question FIVE**

- (a) Explain **FIVE** important points to consider when questioning a client **(10 marks)**
- (b) Discuss any **FIVE** skills you will use when counseling a drug addict **(10 marks)**