



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

CERTIFICATE IN COMMUNITY DEVELOPMENT AND COUNSELING

BCD 1106: COMMUNITY ISSUES AND COUNSELING

SERIES: DECEMBER 2016

TIME: 2 HOURS

DATE: 13 Dec 2016

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

QUESTION ONE

Question One

- a) Define the following terminologies
 - i. Id (2 marks)
 - ii. Ego (2 marks)
 - iii. Super ego (2 marks)
 - iv. Theory (2 marks)
 - v. Depression (2 marks)
 - vi. Stress (2 marks)
- b) Explain two major sources that cause stress (8 marks)
- c) Name and explain the two types of stress (10 marks)

Question Two

Umi has been practicing as a counselor for four years. She has a large client base and had to expand her clinic to accommodate more clients.

- a) Mention characteristics that have made Umi an effective counselor. (10 marks)
- b) Explain the ethical principles of counseling. (10 marks)

Question Three

Discuss the stages of group development. (20 marks)

Question Four

- a) What is a family? (2 marks)
- b) What are the causes of pre-marital sex? (10 marks)
- c) What are the roles of a family? (8 marks)

Question Five

- a) Define **juvenile delinquency** (2 marks)
- b) What are the causes and preventive measures of juvenile delinquency? (18 marks)

