



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELING

ANH 2230: APPLIED COMMUNITY NUTRITION AND EDUCATION

SERIES: DECEMBER 2016

TIME: 2 HOURS

DATE: 13 Dec 2016

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question one – compulsory (30 MARKS)

- a) Identify three reasons for carrying out large-scale nutrition survey in determining status of community nutrition (6mks)
- b) Explain the common underlying causes of malnutrition in Africa (6mks)
- c) Explain how customs and beliefs affect nutrition (4mks)
- d) Discuss nutrition and HIV/AIDS (4mks)
- e) Identify the functions of Fat in diet (5mks)
- f) Explain why Iodine deficiency disorders (IDDs) are serious setbacks to development in community (5mks)

Question Two

Discuss any Four factors promoting good nutrition (20mks)

Question Three

Outline how to prevent the following nutritional diseases

- a) Keratomalacia (10mks)
- b) Kwashiorkor (10mks)

Question Four

Explain how the following are used as practical solutions to nutritional problems

- a) Improved food distribution (10mks)
- b) Improved food storage (10mks)

Question Five

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Discuss protein as major nutrients (20mks)

Question TWO

Question THREE:

Question FOUR

Question FIVE