



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

DIPLOMA IN COMMUNITY DEVELOPMENT AND COUNSELLING

BCD 2213: COUNSELLING PROCESS AND PRACTICE

END OF SEMESTER EXAMINATION

SERIES: DECEMBER 2016

TIME: 2 HOURS

DATE: 13 Dec 2016

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FOUR** questions. Attempt question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- a. Give two main reasons why orphans and vulnerable children are at risk of abuse (4 marks)
- b. Identify four effects of retirement on the individual (4 marks)
- c. Outline any four aspects of your culture that you would observe in your counseling practice (6 marks)
- d. State the ethical consideration that you would ignore when dealing with a suicidal client and state the reason (2 marks)
- e. Describe three important qualities a counselor would require for effective counseling of grief (6 marks)
- f. Differentiate between the following pairs of terminology:
 - i. Sexual orientation vs sexuality
 - ii. Emotional abuse vs Emotional neglect
 - iii. Monosexual sexual orientation vs polysexual sexual orientation
 - iv. Sex vs gender (8 marks)

Question TWO

- a. As a counseling intern, you are informed that child abuse and neglect is common in your area of work.
 - i. Outline any five risk factors that you will be looking for (10 marks)
 - ii. Explain any five measures that the government and NGOs have put in place to curb child abuse (10 marks)

Question THREE

- a. Define the term counselling (2 marks)
- b. Identify four differences between counseling and other helping relationships (8 marks)
- c. Discuss five personal characteristics of effective counsellors (10 marks)

Question FOUR

- a. Give two functions of work (2 marks)
- b. Identify any five social factors that can lead to rape (8 marks)
- c. Date rape is common especially among college students. Outline five strategies that one can put in place to prevent date rape (10 marks)

Question FIVE

- a. State four ways an employer can help in employees' stress management (4 marks)
- b. Describe any four economic implications of retirement (8 marks)
- c. Outline any four aspects of culture you would observe in counseling practice (8 marks)