



# **THE MOMBASA POLYTECHNIC UNIVERSITY COLLEGE**

## ***Faculty of Business and Social Studies***

DEPARTMENT OF LIBERAL STUDIES, COMMUNITY DEVELOPMENT &  
COUNSELING

DIPLOMA IN COMMUNITY DEVELOPMENT COUNSELLING

(DCDC A09)

## **DEVELOPMENTAL PSYCHOLOGY (DP)**

YEAR I SEMESTER 2

END SEMESTER EXAMS

**SERIES:** APRIL/MAY 2010.

**TIME:** 3 HOURS

### **INSTRUCTIONS TO CANDIDATES**

This paper consists of **TWO** sections; **A** and **B**.

Section **A** is COMPULSORY.

Answer any **TWO (2)** questions from Section **B**.

## SECTION A (COMPULSORY)

- Q.1 (a) Explain the following terms as used in developmental psychology.
- (i) Psychology (2 marks)
  - (ii) Atrophy (2 marks)
  - (iii) Growth (2 marks)
  - (iv) Development (2 marks)
  - (v) Child development (2 marks)
- (b) Explain FIVE (5) reasons why we study human development. (10 marks)
- (c) Discuss FIVE (5) factors influencing growth and development. (10 marks)

## SECTION B

Answer any **TWO** (2) questions.

- Q.2 (a) In Erikson's Theory of Psychosocial Development, he looked at actions that lead to mental health and describes eight stages across a life span.
- (i) List the eight development stages according to Erikson. (4 marks)
  - (ii) Discuss the first three (3) stages of development according to Erikson. (6 marks)
- (b) Discuss the following principles of growth and development.
- (i) Growth is a personal matter.
  - (ii) Growth comes from within
  - (iii) Growth is gradual and orderly but uneven.
  - (iv) Growth has particular characteristics at particular stages.
  - (v) Principle of desire. (10 marks)
- Q.3 (a) Name and explain the TWO essential processes in human development. (8 marks)

- (b) Discuss the physical milestones that are common during development in the following age groups:
- (i) Two months
  - (ii) Twelve months (1 year)
  - (iii) Six months. (12 marks)

Q.4 Explain the term defence Mechanisms and discuss the following defence mechanisms: with relevant examples.

- (i) Denial
- (ii) Sublimation
- (iii) Repression
- (iv) Projection (20 marks)

Q.5 (a) Explain the term schema. (4 marks)

(b) Piaget (1952) said that two processes are responsible for how people, use and adapt their schemes. Discuss the following two processes as explained by Piaget.

- (i) Assimilation. (8 marks)
- (ii) Accommodation. (8 marks)