



# **THE MOMBASA POLYTECHNIC UNIVERSITY COLLEGE**

## ***Faculty of Business & Social Studies***

DEPARTMENT OF LIBERAL STUDIES, COMMUNITY DEVELOPMENT &  
COUNSELING

DIPLOMA IN COMMUNITY DEVELOPMENT COUNSELLING

(DCDC A09)

### **DEVELOPMENTAL PSYCHOLOGY (DP)**

YEAR I SEMESTER 2

END SEMESTER EXAMS

**SERIES:** APRIL/MAY 2010.

**TIME:** 3 HOURS

#### **INSTRUCTIONS TO CANDIDATES**

This paper consists of **TWO** sections; **A** and **B**.

Section **A** is COMPULSORY.

Answer any **TWO (2)** questions from Section **B**.

## **SECTION A (COMPULSORY)**

- Q.1 (a) Discuss the following principles of human growth and development.
- (i) Principle of creativity/imagination (2 marks)
  - (ii) Principle of desire (2 marks)
  - (iii) Principle of honesty/integrity (2 marks)
  - (iv) Growth is a personal matter (2 marks)
  - (v) Principle of momentum (2 marks)
- (b) Discuss the following terminologies commonly found in developmental psychology.
- (i) Child development (2 marks)
  - (ii) Developmental changes (2 marks)
  - (iii) Developmental Psychology (2 marks)
  - (iv) Development (2 marks)
  - (v) Development (2 marks)
  - (vi) Atrophy (2 marks)
- (c) Discuss FIVE objectives of studying development psychology. (10 marks)

## **SECTION B**

Answer any **TWO** (2) questions from this Section.

- Q.2 (a) Explain the term Growth Milestones. (4 marks)
- (b) Discuss **FOUR** developmental changes that take place at four months. (16 marks)

Q.3 (a) Explain the term defence mechanisms. (4 marks)

(b) Freud and his followers identified several strategies that people use to cope with stress or anxiety stemming from intrapsychic conflict.

Discuss the following defence mechanisms by citing/giving examples that are relevant in each defence mechanism discussed.

(i) Denial (4 marks)

(ii) Reaction formation (4 marks)

(iii) Identification (4 marks)

(iv) Undoing. (4 marks)

(v)

Q.4 Kohlberg (1956) proposed that moral development consists of a three levels with two stages at each level. Discuss these three levels of moral development. (20 marks)

Q.5 (a) Explain why there is variability in aging among the middle aged people. (8 marks)

(b) Discuss age related changes in appearance during middle adulthood. (12 marks)