



**TECHNICAL UNIVERSITY OF MOMBASA**

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

**UNIVERSITY EXAMINATION FOR:**

BSCH Y3SII BACHELOR OF SCIENCE IN COMMUNITY HEALTH

BDS 4331: COUNSELLING IN PRACTICE

SPECIAL SUPPLEMENTARY EXAMINATION

**SERIES:** SEPT. 2017

**TIME:** 2 HOURS

**DATE:** Pick Date SEPT. 2017

**Instructions to Candidates**

You should have the following for this examination

*-Answer Booklet, examination pass and student ID*

This paper consists of **FIVE** Question(s). Attempt question ONE (Compulsory) and any other TWO questions.

**Question one**

- a. Explain why self awareness of a counsellor is an important aspect in counselling practice. (6mks)
- b. Citing relevant examples, explain how each of the following is employed to facilitate effective counselling
  - i) Unconditional positive regard. (5mks)
  - ii) Active listening (5mks)
- c. Identify goals of group counselling. Cite examples. (6mks)
- d. Explain client factors that may impede the counselling of an HIV positive person. (8mks)

**Question two**

- a. Compare and contrast individual counselling and group counselling citing relevant examples. (12mks)
- b. Discuss the role of the counsellor in group counselling. (8mks)

**Question three**

- a. Critically analyze the effect of the counselling environment on the counselling process. (12mks)
- b. Citing relevant examples explain basic assumptions of the behavioural approach to counselling. (8mks)

**Question four**

- a. Describe the key concepts of psychoanalytic approach to counselling. (10mks)
- b. Explain the role of the counsellor in psychoanalytic approach to counselling with illustrations. (10mks)

**Question five**

- a. Describe the counselling process citing relevant examples. (10mks)
- b. Explain the goals of trauma counselling (10mks)