



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

BACHELOR OF SCIENCE IN DEVELOPMENT STUDIES BSDS Y2S1

BDS 4213: LIFE SKILLS

SERIES: 2016

TIME: 2 HOURS

DATE: DECEMBER 2016

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of FIVE questions. Attempt QUESTION ONE and any other TWO

Do not write on the question paper.

QUESTION ONE

- Explain any four importance of Life Skills (8 marks)
- Explain any four steps involved in decision making (8 marks)
- Comment on four ways in which one can cope with his /her emotions (8 marks)
- Highlight any four issues that may bring conflict in the Campus (6 marks)

QUESTION TWO

- Explain the factors that influence the emotional appeals of people (10 marks)
- Discuss the characteristics of an assertive person (10 marks)

QUESTION THREE

- Explain any five hindrances to effective communication in the work place (10 marks)
- Suggest any five ways in which Development studies Consultant can improve his or her communication skills(10 marks)

QUESTION FOUR

- a. Explain any five negotiation styles that can be applied in a situation where we have two parties with contrasting ideologies(10 marks)
- b. Highlight on the effective steps of effective negotiation process(10 marks)

QUESTION FIVE

Discuss the qualities of a critical thinker (20 marks)