



TECHNICAL UNIVERSITY OF MOMBASA

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SOCIAL SCIENCES

UNIVERSITY EXAMINATION FOR:

CDC Y1S2

BCD 1103 INTRODUCTION TO COMMUNITY COUNSELING

SERIES: APRIL 2016

TIME: 2 HOURS

DATE: 12 May 2016

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. question ONE (Compulsory) and any other TWO questions.

Do not write on the question paper.

Question ONE

- | | |
|---|---------|
| a) Explain the importance of theories in counseling. | 5 marks |
| b) Distinguish between body image and self-image. | 5 marks |
| c) Explain the difference between rehabilitation counseling and general counseling. | 6 marks |
| d) Define: | |
| i. Community counseling | 2 marks |
| ii. Theory | 2 marks |
| iii. Abortion | 2 marks |
| iv. Self-esteem | 2 marks |
| e) Name any TWO theories of counseling and the basics assumptions of each. | 6 marks |

Question TWO

- | | |
|---|---------|
| a) Outline the factors that brought about community counseling. | 9 marks |
| b) Briefly explain the characteristics of a healthy family. | 6 marks |

Question THREE

- a) Discuss the qualities and characteristics of a good counselor. 9 marks
- b) Briefly discuss the importance of any THREE ethical issues in counseling 6 marks

Question FOUR

Mama Maria and mama Kadzo have been arguing about sex education in schools and both have different views. As a community counselor explain how you would handle the situation. 15 marks

Question FIVE

Discuss the importance of group counseling. 15 marks