



TECHNICAL UNIVERSITY OF MOMBASA
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
DEPARTMENT OF HOSPITALITY & TOURISM
UNIVERSITY EXAMINATION FOR THE DIPLOMA OF:
HOTEL AND INSTITUTIONAL MANGEMENT (DHIMS15)
BHC 2304 : THERAPEUTIC NUTRITION
SPECIAL SUPPLEMENTARY EXAMINATION

SERIES: SEPT. 2017

TIME:2HOURS

DATE:19Sep 2017

Instructions to Candidates

You should have the following for this examination

-Answer Booklet, examination pass and student ID

This paper consists of **FIVE** questions. AttemptChoose instruction.

Do not write on the question paper.

SECTION A (Answer all the questions)

30POINTS

QUESTION ONE

- a) Describe the expected outcomes of nutritional care (10 marks)
- b) List any five modified diets that may be used in therapeutic nutrition (5 marks)
- c) List down any five clinical signs of malnutrition (5 marks)
- d) Describe the general considerations in feeding the sick (10 marks)

SECTION B (Answer only TWO questions)

QUESTION TWO

- a) Describe the symptoms associated with diabetes (8 marks)
- b) Describe the dietary guidelines for persons suffering from ulcers (12 marks)

QUESTION THREE

- a) What are the benefits of undertaking nutritional assessment? (6 marks)
- b) State any six symptoms associated with deficiency of proteins (6 marks)
- c) Describe the various factors that influence a client's adherence to dietary advice (8 marks)

QUESTION FOUR

- a) Describe the factors contributing to the occurrence of overweight and obesity (8 marks)
- b) Give the complications associated with obesity (6 marks)
- d) Outline the general guidelines for someone who is overweight/obese who wants to cut down their weight (6 mark)

QUESTION FIVE

- a) Describe the various situations that may necessitate the use of special feeding methods (10 marks)
- b) Describe the advantages of tube feeding (10 marks)