THE MOMBASA POLYTECHNIC UNIVERSITY COLLEGE

FACULTY OF BUSINESS AND SOCIAL STUDIES

DEPARTMENT OF LIBERAL STUDIES AND COMMUNITY DEVELOPMENT

CERTIFICATE IN COMMUNITY DEVELOPMENT AND COUNSELING CCDC J010

END OF SEMESTER EXAMINATIONS

APRIL/MAY 2010 SERIES

INTRODUCTION TO COMMUNITY COUNSELLING

TIME: 2 HOURS

Instructions to Candidates

1. This paper contains **TWO** Sections **A & B.**
2. Section **A** is **COMPULSORY** answer **ALL** Questions.
3. Attempt **ANY TWO** Questions from Section **B.**
4. Strictly observe **ALL** Examination Rules.

SECTION A : **COMPULSORY – (30 Marks)**

Question ONE

A. I. Explain the following terminologies as used in community guidance and counseling: -

(i). Community **(2 Marks)**
(ii). Guidance **(2 Marks)**
(iii). Counselling **(2 Marks)**

   II. Discuss confidentiality as a principle ethic in counseling giving **TWO (2)** rules of confidentiality. **(4 Marks)**

B. I. State the **THREE (3)** goals of individual counseling. **(3 Marks)**

   II. Explain **SEVEN (7)** advantages of individual counseling. **(7 Marks)**

C. Discuss the following counseling skills giving examples where possible.
(i). Attending
(ii). Observing
(iii). Listening
(iv). Paraphrasing
(v). Questioning

(10 Marks)

SECTION B : Answer ANY TWO (2) Questions from this Sections (40 MARKS)

QUESTION TWO

(a). Explain the term theory. **(4 Marks)**

(b). State the role of a theory in a counseling process. **(8 Marks)**

(c). Psychoanalytic theory of counseling developed by Sigmual Freud is characterized by certain assumptions. Outline **FOUR** such assumptions.
(8 Marks)

Question THREE

(a). Discuss the following core elements of the self concept:

(i). The ideal self
(ii). Body image
(iii). Self esteem
(iii). Self image

(8 Marks)

Question FOUR

(a).   Explain the following terms:

      (i).   Love   **(2 Marks)**
      (ii).   Marriage   **(2 Marks)**
      (iii). Courtship/dating   **(2 Marks)**
      (iv).   Abortion   **(2 Marks)**

(b).   Discuss any **SIX** qualities to look for in a partner before marriage.
                                                                (12 Marks)

Question FIVE

(a).   Explain the term family giving the **TWO** main family organizations.
                                                                (8 Marks)
(b).   Discuss **THREE (3)** functions of the family.   **(12 Marks)**