



# TECHNICAL UNIVERSITY OF MOMBASA

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SCHOOL OF HUMANITIES AND SOCIAL SCIENCES  
DEPARTMENT OF HOSPITALITY & TOURISM MANAGEMENT  
**UNIVERSITY EXAMINATION FOR THE DEGREE OF:**  
BACHELOR OF TECHNOLOGY IN HOTEL AND HOSPITALITY  
MANAGEMENT (BTHM)

BHH 4304: THERAPEUTIC NUTRITION

END OF SEMESTER EXAMINATION

**SERIES: DECEMBER 2016**

**TIME:2HOURS**

**DATE:**Pick DateSep2017

**Instructions to Candidates**

You should have the following for this examination

*-Answer Booklet, examination pass and student ID*

This paper consists of **FIVE** questions. AttemptChoose instruction.

**Do not write on the question paper.**

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**SECTION A (Answer all the questions)**

**30 POINTS**

**QUESTION ONE**

- a) Explain the synergistic relationship between nutrition and disease (5 mks)
- b) Describe the roles of a dietician (10 mks)
- c) Explain the pros and cons of anthropometry as a method of nutritional assessment (10 mks)
- d) Explain the nature and scope of nutrition counseling ( 5 mks)

## **SECTION B (Answer only TWO questions)**

### **QUESTION TWO**

- a) Outline the factors that make persons living with HIV/AIDS susceptible malnourishment (5 mks)
- b) Explain the various ways through which weight loss can be prevented during the early stages of HIV infection. (15 mks)

### **QUESTION THREE**

Describe the measures that could be employed to prevent and manage overweight and obesity ( 20 mks)

### **QUESTION FOUR**

Explain the purposes for which nutritional assessment may be undertaken (20 mks)

### **QUESTION FIVE**

- a) Describe the various routine hospital diets and their application (8 mks)
- b) Describe the nutritional problems related to cancer therapy (12 mks)